

Hummus \& Pitta Bread

Marinated Edmata Olives
Selection of Rustic Breads

Garlic Ciabatta
with or without Cheese

## $£ 6$

STARTERS $\qquad$
Soup of the Day
with Warm Bread Rolls
$£ 7.50$
Breaded Spicy Crab Cake with Crispy Lettuce Salad, Gherkin, Capers $\mathcal{F}$ Tartare Sauce $£ 7.50$

Smoked Chicken Salad with Figs, Per Las, Walnuts \& a Beetroot Dressing $£ 8.50$

Smooth Firey Guacamole with Mediterranean Mixed Olives © Warm Bitesise Blinis (ve) £7

Warm Goats Cheese \& Red Onion Tart
sprinkled with Toasted Pine Nuts \& Balsamic Glaze (v) £8.50

Chicken Liver \& Cranberry Pâté Apple $\mathcal{E}$ Fruit Chutney $\mathcal{E}$ Warm Wholemeal Bloomer Toast $£ 7.50$

## FISH

Grilled Whole Sardine with Lemongrass, Chilli © Ginger served with Sesame Seaweed $£ 18$
Warm Smoked Mackerel Salad with New Potatoes © Creamy Horseradish Dressing $\AA 19$

## GRILL

Celtic Pride Cheeseburger with Onion Nest © Coleslaw

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£ 17
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## 12oz Grilled Gammon Steak with Grilled Tomato, Mushroom. Fried Egg © Onion Nest $£ 18.50$

10oz Sirloin Steak with Grilled Tomato, Mushroom © Onion Nest $£_{23}$

All grill meals are served with a choice of New Potatoes, Rustic Fries, or Wild Rice with Salad or Seasonal Vegetables

PASTA
Chicken \& Chorizo Penne Pasta in a Rich Tomato $\circledast$ Pesto Sauce with Rustic Garlic Ciabatta $\mathcal{£} 12.50$

Traditional Home-made Stew of the Week with Braised Warm Red Cabbage © Buttery Mash Potatoes $£ 12$

## VEGETARIAN \& VEGAN <br> Mushroom, Cranberry \& Chestnut Roast with Toasted Pinenuts \&o Vegetable Gravy $£ 17$

Creamy Wild Mushroom Stroganoff served with Wild Basmati Rice (v)


Served Monday to Saturday SIDES

Rustic Fries £4
Dressed Salad $£^{3}$
Coleslaw $£ 3$
Onion Nests $£ 4$

New Potatoes $£^{3}$
Vegetables $£ 3.50$
Wild Rice $£^{3}$
Garlic Bread $£ 6$

## DESSERTS

Hot Pudding of the Day $£ 7.50$ served with Custard

Warm Waffle \& Toffee Sauce $£ 7.50$
Topped with Fudge © Chocolate Pieces
Belgian Choocolate Truffle $£ 7.50$
served with Cream
Vanilla Crè̀me Brûlée £ 7.50
served with a Shortbread Biscuit
Cheesecake Of The Week $£ 7.50$
served with Pouring Cream or Ice Cream
Fresh Fruit Salad $£ 7.50$
Ice Cream Selection $£ 7.50$
Selection of Welsh Cheeses with Crackers $\mathcal{E}$ Chutney £ 12.50


