#### **BRUNCH**

Mon - Sat 7:30 am - Noon Sun 7:30 am - 11am

Choose from White, Wholemeal or Gluten-Free Bread

Bacon or Sausage Toasted Sandwich

Breakfast Wrap Wrap Filled with Bacon, Fried Egg, Sausage and Hash Brown

Vegan Open Breakfast Sandwich Vegan Sausage, Tomato & Mushroom (ve)

American-Style Fluffy Pancakes with Maple Syrup and Bacon

# **EGGS SELECTION**

Lightly Poached Eggs on Toasted Bread (v)

Scrambled Free-Range Eggs with Sliced Smoked Salmon

Bulkeley Eggs Benedict Lightly Poached Eggs served with Parma Ham, Toasted Crumpet and Hollandaise Sauce

Eggs Royale Lightly Poached Eggs served with Smoked Salmon & Hollandaise Sauce

Omelette Choice of Cheese (v), Ham, Mushroom, Tomato, Onion & Spinach

### **BREAKFAST**

## CONTINENTAL BREAKFAST

Guests on an accommodation package which includes breakfast may choose between Continental Breakfast  $\mathcal{E}$  Welsh Breakfast Or Continental Breakfast  $\mathcal{E}$  a Brunch item.

FRUIT JUICE
Orange, Apple, Grapefruit, Cranberry, Tomato
HOT BEVERAGES
Tea, Coffee, Decaffeinated Tea, Decaffeinated Coffee, Hot Chocolate
Please help yourself to these items from our Cold Bar
CEREAL
Cornflakes, Branflakes/All Bran, Coco Pops, Alpen, Porridge, Special K, Fruit & Fibre, Rice Krispies, Crunchy Nut
Hot or Cold Milk selection: Full cream, Semi-Skimmed, Skimmed, Soya Milk
VEGAN CEREAL
Porridge, Branflakes/All Bran, Cornflakes, Frosties, Fruit & Fibre, Weetabix
COLD BAR
Croissant*, Fruit & Fresh Fruit Salad, Natural & Fruit Yoghurts, Cured Meat, Cheese & Bread Rolls, Trio of Danish Pastries
VEGAN COLD BAR
Vegan Croissant*, Vegan Yoghurt, Fresh Fruit Salad
TOAST & PRESERVES

White or Wholemeal Toast with a choice of Jam, Marmelade, Honey, Nutella, Butter, Flora

\*Croissants are available from 7:30am Gluten Free options are available. Please ask for details

### WELSH BREAKFAST

7.30am - 10.00am

EGG SELECTION Fried, Poached, Scrambled
WELSH BREAKFAST
Please choose from the following selection:
Grilled Back Bacon, Pork Sausage, Black Pudding, Hash Brown, Fried Bread, Grilled Tomato, Mushrooms & Baked Beans
VEGETARIAN BREAKFAST
Please choose from the following selection:
Vegetarian Sausages, Hash Brown, Grilled Tomato, Mushrooms & Baked Beans
•••
Gluten- free options are available, please ask for details

For Guests with a Hearty Appetite
Or Upgrade Your Package
Enjoy a Continental Breakfast, Welsh Breakfast
AND a Brunch item for £5 supplement charge.

Non Residents

Continental Breakfast & Welsh Breakfast £14.50 Continental Breakfast & one Brunch item £14.50

Continental Breakfast & Welsh Breakfast & one Brunch item £19.50